



# STOP, DROP & MUD 5K

CENTRAL FIRE MUD RUN



## CAN YOU HANDLE THE MUD?

### Registration Form

#### Race Entry Fees

**First Responders/Military:** \$30.00 before 4/1/18 - \$40.00 after 4/1/18 - \$50.00 Race Day  
**General Public:** \$35.00 before 4/1/18 - \$45.00 after 4/1/18 - \$50.00 Race Day

#### Methods of Registering:

1. Online at [www.centralcalaverasfire.org/5k](http://www.centralcalaverasfire.org/5k)
2. Mail in the form below with a check.
3. Last minute onsite day-of-race (Cutoff 9:30 a.m.)

#### PLEASE PRINT

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Email: \_\_\_\_\_ Phone: \_\_\_\_\_

Male (  ) Female (  ) Age on Race Day: \_\_\_\_\_ (must be 11 or older for 5k race on race day) Shirt Size: \_\_\_\_\_

Preferred Wave Time (circle one only): 10:00 10:30 11:00 11:30  
 Kids 1 mile mud run (up to age 10): 12:00

#### Check Category Below

General Public (  ) First Responder (  ) See below Military (  ) Branch: \_\_\_\_\_

Fire (  ) EMS (  ) Law Enforcement (  ) Agency Name: \_\_\_\_\_

Active (  ) Retired (  ) City & State: \_\_\_\_\_

Make Checks Payable to Central Calaveras Firefighters Association (or CCFFA) Enclosed is my check for \$ \_\_\_\_\_

#### Participation Waiver

I hereby declare, assert and affirm that participation in the Stop, Drop & Mud 5K Race is done having voluntarily and knowing assumed ALL RISKS involved in this Event. The immediate physical risks and hazards associated with normal, vigorous physical activity include (but are not limited to) physical discomfort, fatigue, muscular soreness, falls, pulled or strained muscles, overuse injuries, heat stress, and the rare instance of abnormal response of the cardiorespiratory system including heart arrhythmia, heart attack, stroke, and sudden death. In consideration of acceptance of this contract allowing my participation in the above stated Event and intending to be legally bound thereby, I hereby for myself, my heirs, executors, administrators and assigns, **WAIVE AND RELEASE** any and all rights and claims for negligence, injuries, damages or losses that I may incur against all participating agencies involved in the above stated Event, specifically Central Calaveras Fire & Rescue Protection District, Central Calaveras Firefighters Association, Senders El Dorado Ranch, LLC., All Sponsors, and their respective employees, agents, representatives, successors and assigns, for any and all activities connected with the above Special Event.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
 Parent/Legal Guardian must sign if participant is under the age of 18

For questions contact us by email at: [mudrun@calaverasfire.org](mailto:mudrun@calaverasfire.org) or by phone: 209-736-6167

**Mail Entry Form and Check To:**  
 CCFFA - Mud Run  
 P.O. Box 533  
 Mountain Ranch, CA 95246